

MINUTES

**Blood Pressure Sub Group
Calgary Cardiovascular Network Meeting
December 3, 2003**

In Attendance:

might be interested in the presentation. It was discussed that a small focus group to evaluate the program after some of the sessions would be desirable.

To do:

- Mike Tuddle to determine if the EMS sites would desire an education session on hypertension.
- Norm to contact Dennis to determine if the Fire Department sites would be interested.

4. Update of the slide kit. Again the philosophy will be those proposing changes will be expected to do the work to create the proposed change.

To do:

- Norm to email out the full group to determine who would be interested in the revision. Karen Then has indicated an interest.
- Judy to determine if someone in Public Health would be interested.
- Members of the group to consider volunteering for the task force and/or soliciting other volunteers.
- Norm to organize a meeting of the task force once membership decided.

5. A short written series on hypertension. It was indicated that it would be desirable to develop a short series of articles on hypertension for the public. The team developing the series should be multidisciplinary and include a physician, nurse, dietician, and layperson.

To do:

- Judy to identify a community individual to sit on the task force.
- Norm to represent the physicians.
- A nurse and dietician volunteer from the High Blood Pressure Committee to be sought.
- A place for publishing the series to be sought

6. EMS Program. Mike reviewed the Health and Wellness Program of EMS. The program currently focuses on City of Calgary employees. Multiple cardiovascular risk factors are targeted including blood pressure assessments. This year over 2000 blood pressure assessments have been done by EMS.

Next meeting will be in the New Year.

Yours sincerely,

N. Campbell, M.D., FRCPC