

MINUTES

High Blood Pressure Sub-Group Calgary Cardiovascular Network Meeting April 16, 2004

In Attendance:

Wendy Shaw
Charlotte Jones
Yvette Penman
Annette Robertson
Karen Then
Norm Campbell

1. The minutes of the January 20th meeting were reviewed. There were no changes.
2. Additions to the agenda: The role of the Communications Committee assisting the Hypertension Sub-Group was added to the agenda. It was felt that the Communications Committee could play a role once the coordinator for the Hypertension Sub-Group was in place. The Communications Committee would send out notices that the High Blood Pressure Sub-Group Committee was willing to do education sessions for the public on hypertension and to provide written information on hypertension in public literature in community publications.
3. Added to the agenda was the Canadian Cardiovascular Congress that is meeting in Calgary this October. Norm had been asked to put together a symposium on hypertension. The symposium was going to be entitled "Hypertension Prevention and Control: Bench to population; Calgary to Canada". A number of Calgarians had volunteered to be involved. Charlotte Jones was going to present on Calgary initiatives to prevent and control hypertension. Dennis Rabel and Ron Newman would be in a panel discussion at the end of the symposia. The symposium would be open to CCN members. Norm to send out notification to the Communications Committee and the CCN when the symposia details are finalized.
4. Additions to the agenda: A new task the Blood Pressure Sub Committee could take on would be to ensure that training programs for healthcare professionals in Calgary were teaching appropriate techniques to measure blood pressure. Further, the Sub Committee could ask for quality assurance within Calgary Health Region facilities on blood pressure measurement.
5. The Public Education slide kit revision is almost complete. This was piloted at the Suncor program. In general it was very well received. There was concern

that it might be a little long and that there needed to be a new slide indicating the multiple cardiovascular risks that patients with hypertension generally had. Charlotte to complete revision of the slide kit by the end of May along with lecture notes. Norm, Karen and Wendy agreed to review the lecture notes and kit. Charlotte to ask Judy Hughes to revise the evaluation form. Charlotte to approach Kathy Taylor from the Living Well Program. It was proposed that we ask the Living Well Program to pilot the hypertension education session in their program and to provide feedback.

6. Development of the short written series on hypertension: This is waiting for the hiring of a coordinator for the Sub-Group. Norm volunteered to assist with the writing of the material which would be heavily borrowed from existing sources.
7. The budget to hire a part-time coordinator for the High Blood Pressure Sub-Group was approved at the last board meeting. What steps are required to undertake the hiring have yet to be decided.
8. The next meeting will be at the call of the new chair Dennis Rabel.

Yours sincerely,

N. Campbell, MD, FRCPC