

CCN STEERING COMMITTEE REPORT

**Friday Mar. 21, 2003
9-11**

Last group meeting: Mar. 4, 2003
Updates on Projects

CLANS

- Date will be changed but has not yet been finalized. Potential locations include COP or Fort Calgary.
- Have completed interviews for project coordinator position and have hired Susan Kehoe. March 6th is scheduled for orientation for Susan. CCN members are asked to forward orientation components to Suzanne if there are specific recommendations for inclusion.
- Susan will begin by compiling a local directory of what services currently exist in Calgary. The purpose of this is to identify potential gaps or areas that require further work.

Toolbox Working Group

- Farah Bandali and Anne Smith, project coordinators, joined group and provided an update on project.
- 3 communities have now been selected and are currently mobilizing themselves to prepare for the project. The communities include: Pineridge, Falconridge and McKenzie Lake.
- Each community has very unique characteristics which will enhance the diversity of the project.

Walk to Work Challenge

- Two members of subcommittee indicated a willingness to work on project if it is adopted by CCN.
- Group generated specific recommendations for project:
- Encourage people to walk a couple of times a week as opposed to everyday. This might encourage compliance.
- Tie it into other local initiatives (e.g. walkable communities)
- Use recommended guidelines established in Health Canada's Physical Activity Guides.
 - Have distance clocked and compared (e.g. distance to work off a donut).

Talisman Active Living Event

- Follow up event to the Active Lifestyles Workshops sponsored by the Alberta Cancer Board.

- Organized by the Talisman Centre and Recreation Solutions as a networking opportunity for participants of the workshops.
- Aundrea Smith(CCN-Communications Subcommittee), Virginia, and Heidi will organize next event to continue this collaboration. Details to follow at a later date.

Supportive Environments Group

- New local committee composed of City of Calgary, Healthy Communities (Calgary Health Region), and Univ. of Calgary researcher.
- Currently meeting once every two weeks and working on scoping out a vision for their group.